



Some movies to watch together



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The “Family Skills” project

The Family Skills project, carried out within the ERASMUS + KA204 Program, Strategic Partnership for Adult Education, is aimed at strengthening the strategies for preventing discomfort related to parenting, based on the enhancement of skills, of new parents and new families, identified as the main potential subjects at risk. In particular, the Family Skills project promotes parenting support actions with respect to emerging educational needs, through training and information activities aimed at public and private operators involved in the education of parents and educational figures of children aged 0-6.

The project also intends to carry out a specific support and training activity aimed at public and private operators (such as adult educators) in order to provide organizational and management tools and skills to create training courses on parenting skills and awareness/motivation courses for parents. The envisaged actions intend to exploit the potential of technological innovation to provide cutting-edge solutions in the training field, in particular through Virtual Reality and Augmented Reality techniques as they are immersive and more effective for learning purposes.

The project partnership is made up of public and private bodies from four countries: in addition to the lead organization Unione degli Assessorati, the Italian partner is the Association for Social Mobilization ONLUS, the Romanian private Sorangeli Trans SRL, the Parents' Association of European European Network of Belgium and the Polish Foundation Fundacja Come on Dzieciom Sile (Poland).

More info at www.familyskills.eu



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Premise

Welcome and welcome to our selection of movies for the whole family!

This filmography has been specifically designed for parents who want to provide their children with meaningful and entertaining cinematic experiences. Each film chosen was evaluated taking into account educational values, positive messages and themes that can stimulate reflection and growth as parents and educators, and share this journey with your children as well.

We will find in our film journey "Finding Nemo", a wonderful underwater adventure that teaches the importance of family and perseverance. "Inside Out" shows us how emotions play a fundamental role in the life of each of us, offering insights into the management of emotions. The touching "Coco" makes us explore the meaning of family, love and memory. "Toy Story" takes us to a fantasy world of toys learning to work together to meet life's challenges.

We also thought about some series, such as "Daniel Tiger's Neighborhood ," where children can learn important social and emotional skills through educational and engaging stories. But also see how his parents are doing.

In addition, we have included significant documentaries such as "Far from the tree", which teaches us the importance of accepting ourselves and others, and the short film "Piper", which conveys a message of courage and personal growth. But there are also other films, each of which has something to teach us.

After watching, try to share some questions that we propose in each tab!

We hope this selection will help you discover wonderful stories and spark meaningful conversations with your young viewers too.

Good vision!

Finding Nemo

Year of production: 2003

"Finding Nemo" is a charming animated film produced by Pixar in 2003. The story is set in the waters of the Coral Sea and focuses on Marlin, a shy widowed clownfish, and his young son Nemo. After Nemo is captured by a scuba diver and taken from his natural habitat to be kept as a pet in an aquarium, Marlin bravely sets out on an extraordinary adventure to bring his son home. On his journey, Marlin meets Dory, a surgeon fish with short-term memory problems, and together they face multiple challenges to save Nemo.

the message

"Finding Nemo" addresses universal themes such as courage, unconditional parental love, the importance of independence and self-discovery. The film teaches us the importance of overcoming fears and facing life's challenges, demonstrating how union and friendship can help us overcome any obstacle. At the same time, the film offers a reflection on the fragility of marine ecosystems and the need to protect marine life and their habitat.

What does this film want to teach us?

"Finding Nemo" teaches us the importance of letting go of our fears and worries and relying on others. Marlin, who is originally an overprotective and anxious fish, learns to trust others and embrace the unknown. Furthermore, the film reminds us that individual differences should not be grounds for discrimination or exclusion, but should be celebrated as part of what makes the world a unique and interesting place.

Questions to reflect together

- How can I help my child develop independence without overwhelming him/her with excessive worries?
- How can I teach my children to trust others and to be open to new experiences?
- How can I deal with the fear of letting go of my children as they grow up?
- What are the best ways to convey to my children awareness of the importance of protecting the environment and marine fauna?

Inside Out

Year of production: 2015

"Inside Out", produced by Pixar in 2015, is an outstanding animated film that takes us on a unique journey inside the mind of a young girl named Riley. The story takes place primarily in her mind, where Riley's emotions - Joy, Sadness, Anger, Disgust and Fear - work together to help her deal with the changes she is experiencing in her life following a move. Throughout the film, we see how these emotions interact and how Riley learns to understand and manage her feelings.

the message

"Inside Out" sends us a profound message about the importance and normality of human emotions. The film shows how all emotions, even those considered negative, are essential for personal growth and for facing life's challenges. By teaching children and adults to recognize and understand their emotions, the film promotes greater awareness of self and one's emotional experiences.

What does this film want to teach us ?

The film teaches us that it is normal to experience a wide range of emotions and that it is essential to accept and deal with these emotions instead of repressing them. Riley's story reminds us of the importance of facing changes and difficulties with empathy, patience and an open mind. Additionally, "Inside Out" encourages us to pay attention to the emotions of the people around us and to be compassionate and supportive in their times of need.

Questions to reflect together

- How can I help my child express and understand their emotions better?
- What strategies can I use to teach my child to handle change and emotionally intense situations?
- How can I be a positive role model for my child regarding the expression of emotions?
- How can I encourage empathy and emotional understanding in family relationships?

Coco

Year of production: 2017

"Coco" is a touching animated film produced by Pixar in 2017. The story follows the adventures of Miguel, a young Mexican boy with dreams of becoming a musician, despite his family having banned music for generations. During the Día de los Muertos, Miguel finds himself mysteriously catapulted into the World of the Dead, where he embarks on an extraordinary journey in search of his family roots and the blessing of an ancestor haunted by his passion for music.

the message

"Coco" gives us a powerful message about the importance of family, tradition and memory. The film celebrates the special bond between generations and reminds us of the importance of honoring and remembering our ancestors, as they preceded us and helped define who we are today. Furthermore, "Coco" explores the fulfillment of dreams and the challenge of pursuing one's passion in an authentic and respectful way of family roots.

What does this film want to teach us?

The film teaches us the importance of understanding and respecting our cultural and family heritage. Miguel learns that personal identity is closely tied to his family history, and the film invites us to recognize the influence past generations have on us. Furthermore, "Coco" reminds us that personal dreams can be realized through respect, compassion and an awareness of our roots.

Questions to reflect together

- How can I teach my children the importance of family and the memory of their ancestors?
- How can I encourage my children to explore their personal passions without ignoring or neglecting family traditions?
- What are the best ways to celebrate cultural and traditional holidays with my family?
- How can I help my children develop a sense of cultural and family identity?

Toy Story

Year of production: 1995

"Toy Story" is a groundbreaking animated film produced by Pixar in 1995, the first feature film made entirely on the computer. The story is set in a secret universe where toys come to life when their human owners are not present. The film follows the adventures of Woody, an old rag cowboy, and Buzz Lightyear, a modern space toy, both of whom are rivals for the affections of their young owner, Andy. While trying to get home after being accidentally left on the street, Woody and Buzz learn the value of friendship and self-acceptance.

the message

"Toy Story" conveys a message of friendship, acceptance and the importance of being yourself. The film deals with the theme of envy and the fear of being replaced, emphasizing how each individual has a unique and precious role in the lives of others. Furthermore, the film teaches us that authentic friendship is based on mutual understanding and the ability to overcome differences.

What does this film want to teach us?

The film teaches us the importance of empathy and solidarity. Woody and Buzz, who seem incompatible at first, learn to work together and become trusted friends. This reminds us that, even in the most difficult situations, it is possible to build meaningful relationships through trust, respect and collaboration.

Questions to reflect together

- How can I teach my children the importance of accepting others and embracing differences?
- How can I encourage my children to be generous and supportive of their peers?
- What strategies can I use to help my children overcome envy and jealousy?
- How can I foster an environment where my children feel loved and accepted for who they are?

Frozen

Year of production: 2013

"Frozen" is an animated film produced by Walt Disney Animation Studios in 2013. The story is set in the kingdom of Arendelle and focuses on the special bond between two sisters, Elsa and Anna. Elsa has the power to control ice and snow, but due to an accident, she is afraid of hurting the people around her and isolates herself to protect them. When the kingdom is engulfed in eternal winter due to Elsa's powers, Anna embarks on an adventure to bring her sister back and bring summer back to Arendelle.

the message

"Frozen" conveys a touching message about love, self-acceptance and the strength of family ties. The film explores the themes of self-acceptance, overcoming personal fears and having the courage to be yourself. Furthermore, "Frozen" teaches us that true and unconditional love, especially that between family members, has the power to warm hearts and dissolve barriers.

What does this film want to teach us?

The film teaches us the importance of being authentic and accepting our own talents and imperfections. Elsa only learns to control her powers when she accepts who she really is and finds the courage to show herself to the world. Furthermore, "Frozen" reminds us that brotherly love is a powerful force and that communication and understanding between family members are key to building lasting relationships.

Questions to reflect together

- How can I help my children develop self-confidence and accept their unique gifts and talents?

- How can I teach my children the importance of communicating their feelings and being open with their family members?
- What are the best ways to encourage my children to be compassionate and supportive towards their brothers or sisters?
- How can I show my children the importance of being themselves and embracing diversity?

The Lion King

Year of production: 1994

"The Lion King" is a classic animated film produced by Walt Disney Animation Studios in 1994. The story is set in the lands of the African kingdom of lions and follows the adventures of Simba, a young cub destined to become the king. After a series of tragic events, Simba is falsely accused of causing the death of his father Mufasa and flees the kingdom. With the help of new friends like Timon and Pumbaa, Simba learns the true meaning of courage and honesty, eventually returning to reclaim his place as rightful ruler.

the message

"The Lion King" delivers a powerful message about accepting responsibility and redemption. The film deals with themes such as courage, forgiveness, duty and personal growth. It teaches us that it is important to face one's past, accept one's responsibilities and go back to our roots to find our true identity.

What does this film want to teach us?

"The Lion King" teaches us the importance of learning from our mistakes and not running away from responsibilities. Simba learns that it is essential to accept the past and use it to grow and become a better version of himself. Furthermore, the film reminds us of the importance of protecting the environment and wild animals, promoting a strong sense of respect and conservation of nature.

Questions to reflect together

- How can I teach my children the importance of taking responsibility and facing the consequences of their actions?
- How can I encourage my children to develop a sense of duty to their family and community?
- What ways can be done to teach my children to be compassionate and to respect all living things?
- How can I show my children the importance of preserving the environment and being aware of their impact on the world around them?

Kung Fu Panda

Year of production: 2008

"Kung Fu Panda" is a funny animated film produced by DreamWorks Animation in 2008. The story revolves around Po, a clumsy and inappetent panda who dreams of becoming a kung fu master. Against all odds, Po is chosen as the Legendary Dragon Warrior and must face the evil Tai Lung, a fearsome snow leopard. Despite her lack of experience, Po finds her only weapon is her sincerity and the power of authenticity.

the message

"Kung Fu Panda" delivers a powerful message about the importance of believing in yourself and embracing your uniqueness. The film teaches us that it doesn't matter where we come from or what we look like, but what really matters is the inner strength and determination to overcome challenges and make our dreams come true.

What does this film want to teach us ?

The film teaches us that courage and self-confidence can overcome any obstacle. Po faces his own insecurities and learns to embrace his true self, becoming a master of kung fu through his dedication and passion. Furthermore, "Kung Fu Panda" reminds us of the importance of finding inspiration and support in the people who believe in us.

Questions to reflect together

- How can I help my children discover their passions and encourage them to pursue them?
- How can I teach my children to overcome their insecurities and embrace their uniqueness?
- What strategies can I use to teach my children the value of dedication and hard work in achieving their goals?
- How can I encourage my children to be open to inspiration and support from others?

Zootopia

Year of production: 2016

"Zootopia" is an animated film made by Walt Disney Animation Studios in 2016. The story is set in an anthropomorphic city called Zootopia, where animals live in harmony. Judy Hopps, an optimistic and determined bunny, becomes the first bunny police officer in the town. With the help of Nick Wilde, a fox con artist, Judy embarks on an investigation to solve a mystery that threatens the balance of Zootopia and challenges preconceived ideas about the coexistence of different species.

the message

"Zootropolis" conveys a meaningful message about equality, inclusion and the fight against stereotypes. The film addresses issues of discrimination, prejudice and cultural diversity, promoting the importance of judging individuals based on their actions rather than appearances or origins.

What does this film want to teach us?

The film teaches us the importance of overcoming stereotypes and working together to build a better and more inclusive world. Judy and Nick, initially separated by cultural differences and prejudices, learn to understand the importance of appreciating each other's unique qualities and to fight for justice and equality. Furthermore, "Zootropolis" reminds us that even the little ones can make a difference and promote change.

Questions to reflect together

- How can I teach my children to respect diversity and to be inclusive towards others?
- How can I help my children develop an open mind and challenge stereotypes?
- What are the best ways to encourage my children to stand up for justice and equality?
- How can I show my children that even their smallest actions can make a positive difference in society?

Shrek

Year of production: 2001

"Shrek" is an animated film produced by DreamWorks Animation in 2001. The story follows the adventures of Shrek, a kind-hearted green ogre who lives a quiet and isolated life in his quagmire. Her peace of mind is

shattered when the Lord of Negotiations, Lord Farquaad , orders the removal of all fairy-tale creatures from Duloc 's realm . To get his home back, Shrek embarks on an adventure to rescue Princess Fiona, who lives in a tower guarded by a dragon.

the message

"Shrek" delivers a profound message about acceptance of self and others, going beyond appearances. The film deals with themes of inner beauty, authenticity and the importance of being yourself . Furthermore, "Shrek" teaches us that love and friendship can arise unexpectedly between very different individuals.

What does this film want to teach us?

The film teaches us the importance of seeing beyond the superficial and appreciating the true beauty of people. Shrek, initially perceived as a villain due to his appearance, is shown to have a kind and generous heart. Furthermore, "Shrek" reminds us that authenticity and sincerity are key to building meaningful and lasting relationships.

Questions to reflect together

- How can I teach my children to see beyond appearances and appreciate the inner beauty of people?
- How can I help my children develop authenticity and sincerity in their relationships with others?
- What ways can be adopted to teach my children the value of accepting themselves and others?
- How can I show my children the importance of being kind and compassionate to others, regardless of differences?

Ratatouille

Year of production: 2007

"Ratatouille" is a delightful animated film produced by Pixar Animation Studios in 2007. The story follows the adventures of Remy, a French mouse with a passion for cooking and dreams of becoming a chef. Despite the difficulties, Remy teams up with Linguini, a young dishwasher, and together they try to make his dream come true, questioning the expectations and prejudices of the Parisian culinary world.

the message

"Ratatouille" conveys a powerful message about fulfilling dreams and challenging social conventions. The film teaches that with determination and perseverance, even the most unexpected people or beings can achieve great things. Furthermore, "Ratatouille" teaches us not to judge others based on their appearance or origin, but to value their skills and passions.

What does this film want to teach us?

The film teaches us the importance of following our passions and dreams, despite the difficulties or obstacles that may arise along the way. Remy, despite being a rat, proves that his passion and talent for cooking know no bounds and that he can make his dream come true with dedication and creativity. Furthermore, "Ratatouille" reminds us of the importance of being open to opportunities and not letting ourselves be influenced by the prejudices of the people around us.

Questions to reflect together

- How can I encourage my children to follow their passions and dreams, even if they may seem unusual or difficult to achieve?
- How can I teach my children the importance of being open and tolerant of others, regardless of their differences?
- What ways can be done to help my children overcome challenges and develop determination and perseverance?

- How can I show my children that their unique skills and talents have special value and can be used to achieve great things?

Big Hero 6

Year of production: 2014

"Big Hero 6" is an immersive animated film produced by Walt Disney Animation Studios in 2014. The story is set in San Fransokyo , a fusion of San Francisco and Tokyo, and follows the adventures of Hiro Hamada, a young robotic prodigy . After a tragic loss, Hiro teams up with Baymax , a lovable assistant robot who can provide medical care. Together with a group of friends, Hiro forms the "Big Hero 6" team to fight a mysterious threat that threatens the city.

the message

"Big Hero 6" delivers a touching message about the importance of friendship, courage and overcoming pain. The film deals with themes of loss and mourning, teaching that it is possible to find comfort and strength in meaningful relationships. Furthermore, the film teaches us the importance of using our intelligence and creativity to help others and protect those we love.

What does this film want to teach us?

The film teaches us the importance of dealing with pain and finding comfort and support in the people around us. Hiro learns not to isolate himself from the world, but to seek help and support from friends who care about him. Furthermore, "Big Hero 6" reminds us that courage and selflessness can lead to great gestures of generosity and protection towards others.

Questions to reflect together

- How can I teach my children to deal with pain and to seek emotional support when facing difficult situations?
- How can I encourage my children to be courageous and selfless, using their skills and talents to help others?
- What strategies can I use to help my children build meaningful and supportive friendships?
- How can I show my children the importance of being open to help and support from others when they need it?

Oceania

Year of production: 2016

"Oceania" is a captivating animated film produced by Walt Disney Animation Studios in 2016. The story follows the adventures of Moana, a brave princess of the islands of Oceania. Determined to save her people and restore harmony to the ocean waters, Moana embarks on an epic adventure to find the demigod Maui and return a heart of Te Fiti , a stolen sacred object that has caused a curse on the island .

the message

"Oceania" conveys a powerful message about self-determination, independence and respect for the environment. The film teaches that willpower, commitment and courage can help us overcome the greatest challenges. Furthermore, "Oceania" reminds us of the importance of taking care of our surroundings and respecting nature as an essential part of our existence.

What does this film want to teach us?

The film teaches us the importance of following our instincts and dreams, despite the expectations of society or cultural traditions. Moana proves to be an independent young leader who listens to her heart and is committed to making a difference for her people. Furthermore, "Oceania" reminds us of the importance of taking care of our surroundings and being responsible stewards of nature.

Questions to reflect together

- How can I encourage my kids to follow their dreams and listen to their heart, even if they may seem bold or different from others?
- How can I teach my children to respect and protect the environment and to develop a sense of responsibility towards nature?
- What ways can be done to help my children develop the determination and perseverance to overcome challenges?
- How can I show my children the importance of being independent and making decisions that reflect their values and principles?

The ice Age

Year of production: 2002

"Ice Age" is an entertaining animated film produced by Blue Sky Studios in 2002. The story is set in the Ice Age and follows the adventures of an unlikely group of prehistoric creatures: Manny , a sloth; Sid , a sloth; and Diego, a saber-toothed tiger. On a journey to return a human cub to its family, the group faces challenges and dangers, learning to work together and form a bond of friendship and family.

the message

"Ice Age" delivers a moving message about the importance of friendship, acceptance and mutual aid. The film teaches that differences between individuals can be overcome when there is solidarity and compassion. Furthermore, "Ice Age" reminds us of the importance of creating family ties even between very different individuals.

What does this film want to teach us?

The film teaches us the importance of empathy and mutual aid, especially in difficult situations. Manny , Sid and Diego, despite their differences, learn to collaborate and support each other throughout their journey, proving that friendship and acceptance can arise even between very different individuals. Furthermore, "Ice Age" reminds us that a sense of family can be built with people who support and understand us, regardless of their origins.

Questions to reflect together

- How can I teach my children the importance of friendship and mutual support with each other and with others?
- How can I help my children develop empathy and compassion for individuals who have different backgrounds and backgrounds than their own?
- What strategies can I use to encourage my children to collaborate and work together towards a common goal?

- How can I show my children the importance of creating a sense of family and community with people who support and love them?

Brave - Rebel

Year of production: 2012

"Brave - Rebel" is a charming animated film produced by Pixar Animation Studios in 2012. The story is set in the Scottish Highlands and follows the adventures of Merida, a young rebel princess with a passion for archery. After a falling out with her mother, Queen Elinor, Merida enlists the help of a witch to change her destiny. However, the spell has unexpected consequences, and Merida will have to fight to restore harmony between her and her mother and to save the kingdom from a terrible evil.

the message

"Brave - Rebel" conveys a powerful message about the importance of communication and respect within family relationships. The film teaches that understanding the point of view of others and finding common ground is essential for building healthy relationships. Furthermore, "Brave - Rebel" reminds us that we must accept ourselves and others for who they are, embracing our uniqueness.

What does this film want to teach us?

The film teaches us the importance of being authentic and following our hearts, even when society's or family's expectations are different. Merida proves that it is possible to challenge traditional gender roles and pursue your dreams and desires. Furthermore, "Brave - Rebel" reminds us that the strength of a family lies in mutual understanding and support.

Questions to reflect together

- How can I encourage my children to be true to themselves and follow their wishes, even when it goes against the expectations of others?
- How can I teach my children the importance of communicating openly and respectfully within the family?
- What strategies can I use to help my children develop an open mind and tolerant of the choices and ideas of others?
- How can I show my children the importance of embracing their own uniqueness and accepting diversity in others?

The Croods

Year of production: 2013

"The Croods" is an adventurous animated film produced by DreamWorks Animation in 2013. The story follows the Croods family, consisting of the patriarch Grug, his wife Ugga, their wayward daughter Eep and the rest of the family. They live in a cave, far from danger and change, but when their cave is destroyed, the family is forced to embark on a journey to discover a world full of new discoveries and challenges.

the message

"The Croods" delivers a touching message about resilience, the acceptance of change and the value of the family unit. The film teaches that mental openness and acceptance of differences are essential for adapting

to changes in the world. Furthermore, "The Croods " reminds us that mutual support and respect are essential to a family's well-being.

What does this film want to teach us?

The film teaches us the importance of being flexible and open to change, especially when circumstances force us to face new challenges. The Croods family , initially reluctant to leave their cave, learn to overcome their fears and adapt to a rapidly changing world. Furthermore, "The Croods " reminds us that family support is a pillar of strength and stability in the most difficult situations.

Questions to reflect together

- How can I teach my children the importance of being flexible and open to change, especially when circumstances call for it?
- How can I help my children develop a sense of family unity and mutual support?
- What strategies can I use to teach my children the importance of being resilient and facing challenges courageously?
- How can I show my children the importance of embracing new experiences and discoveries without getting bogged down by fear of the unknown?

UP

Year of production: 2009

"UP" is a heartwarming animated film produced by Pixar Animation Studios in 2009. The story follows the adventures of Carl Fredricksen , an elderly widower, and Russell, a young scout. After the death of his loving wife, Carl decides to fulfill their dream of traveling to South America. With a house suspended by thousands of balloons, the two set off on an incredible adventure, discovering the true meaning of friendship, forgiveness and of love.

the message

"UP" delivers a touching message about the beauty of unlikely friendships and the importance of letting go of the past to embrace new opportunities. The film teaches that life's journey is made up of meaningful encounters and that change can be a source of personal growth and healing. Additionally, "UP" reminds us of the importance of having goals and dreams to fuel our adventurous spirit.

What does this film want to teach us?

The film teaches us the importance of finding joy in the little things and valuing the special relationships we meet along the way. Carl learns to overcome the pain of losing his wife and to open up to new experiences and new friendships. Furthermore, "UP" reminds us that dreams are precious and that pursuing them enriches us with extraordinary experiences.

Questions to reflect together

- How can I teach my children to enjoy life's journey and find joy in the little things?
- How can I help my children go through moments of pain or loss and open their hearts to new experiences?
- What strategies can I use to teach my children the importance of having dreams and goals in life?
- How can I show my kids the importance of being open to making new friends and embracing the special people they meet along the way?

Enchanted

Year of production: 2021

" Encanto " is a musical animated film produced by Walt Disney Animation Studios, released in 2021. The story is set in Colombia and focuses on the Madrigal family, in particular on Mirabel , the only one of the Madrigals who does not possess a magical don . Each family member possesses a unique magical power, except Mirabel . When the house's magic begins to fade, Mirabel sets out on a journey to uncover the secret behind the loss of magical powers and to prove that you don't have to have extraordinary powers to be special.

the message

" Encanto " conveys a powerful message about self-acceptance and the importance of feeling loved and valued for who you truly are. History teaches that every individual is special, even without possessing extraordinary abilities, and that the strength of family and love can overcome any difficulty. Furthermore, " Encanto " reminds us of the importance of celebrating our differences and appreciating the authenticity of each individual.

What does this film want to teach us?

The film teaches us the importance of embracing and accepting ourselves , even when we feel different from others or when it seems we are not as special as others. Mirabel proves that despite her lack of magical powers, she has unique talents that make her special in her own way. Furthermore, " Encanto " reminds us of the importance of valuing and supporting our family members, celebrating their individualities and acknowledging the importance of each person within the family.

Questions to reflect together

- How can I help my child develop healthy self-esteem and feel valued for who they really are, even when comparing themselves to others?
- How can I encourage my family members to celebrate and appreciate each other's differences and to support each other?
- What ways can be done to teach my children the importance of accepting and respecting themselves and others, even when external expectations may be challenging?
- How can I show my children that family love and support can help them overcome challenges and develop a sense of security and self- confidence ?

Piper

Year of production: 2016

"Piper" is an animated short film produced by Pixar Animation Studios, which premiered in theaters in 2016 before the feature film "Finding Dory" began . The story follows the adventures of a little octopus chick named Piper, who lives on the beach with his family. Shy and afraid of the ocean waves, Piper will learn to overcome her fears and discover the world outside her nest thanks to her friendship with a crab.

the message

"Piper" delivers a sweet and powerful message about personal growth, determination and discovering inner courage. History teaches that facing fears and challenges can lead to new experiences and greater self -confidence . Also, "Piper" reminds us of the importance of having friends to support and encourage us through difficult times.

What does this short film want to teach us?

The short film teaches us the importance of being brave and overcoming our fears in order to grow and experience the world. Piper shows how facing difficulties and stepping out of your comfort zone can lead to wonderful discoveries and greater self-esteem. Additionally, "Piper" reminds us of the importance of finding support and friendship in the people around us, as they can help us overcome challenges and achieve our goals.

Questions to reflect together

- How can I help my child develop self-confidence and overcome their fears gradually and safely?
- How can I encourage my child to explore the world and try new experiences, even if it may seem scary at first?
- What ways can be done to teach my children the importance of having supportive and supportive friends who encourage them to be courageous and to overcome challenges?
- How can I show my children that self-assertion and determination are key to facing challenges and achieving their goals?

Away from the tree

Year of production: 2017

"Far from the Tree" is a 2017 documentary, directed by Rachel Dretzin and based on the book of the same name by Andrew Solomon. The film explores the theme of identity and family relationships, focusing on parents and children who are different from each other. The documentary presents touching stories of families where children have a difference from their parents, such as disabilities, genetic diseases, homosexuality or gender identity. Through these stories, the documentary explores the challenges and emotions these families face as they try to understand and accept their children's diversity.

the message

"Far from the Tree" delivers a deep and moving message about unconditional love, acceptance, and the strength of family relationships. The documentary teaches that children's diversity can be challenging for parents, but it can also lead to a deep emotional connection and personal growth experience. Through stories of resilience and love, the documentary reminds us of the importance of embracing our children's differences and supporting them in their uniqueness.

What does this film want to teach us?

The documentary teaches us the importance of accepting and loving our children for who they truly are, regardless of their differences and challenges. The stories presented in the documentary show how parental love and support can be instrumental in helping children overcome difficulties and develop healthy self-esteem. Furthermore, "Away from the Tree" reminds us of the importance of creating an inclusive and open family environment, where every member of the family can feel accepted and loved unconditionally.

Questions to reflect together

- How can I help my child develop a sense of self-worth and confidence, despite their differences?
- How can I welcome and support my child's diversity, ensuring they feel loved and accepted in the family?
- What ways can be adopted to create an open and inclusive family environment where family members feel free to express their true identity?
- How can I show my children that our love and support are unconditional, no matter their differences or challenges?

Coraline and the magic door

Year of production: 2009

"Coraline and the Magic Door" is a captivating animated film produced by Laika Entertainment in 2009. The story follows young Coraline, a curious and enterprising little girl who moves into a new home with her parents. While exploring her new home, Coraline discovers a secret door that leads her to a seemingly perfect parallel reality. However, she soon discovers that this new reality hides a dark and menacing side, forcing her to fight for her life and to return to her true family.

the message

"Coraline and the Magic Door" conveys a powerful message about seeking acceptance and appreciation for what we have. The film teaches that seeking perfection elsewhere can lead to unexpected consequences and that it is essential to appreciate what one already has. Also, "Coraline and the Magic Door" reminds us of the importance of facing fears and appreciating one's uniqueness.

What does this film want to teach us?

The film teaches us the importance of appreciating what we have and of loving and respecting our family. Coraline, yearning for perfection, learns that her royal family, though imperfect, is what really matters and that it's important to face fears in order to face reality with courage. Furthermore, "Coraline and the magic door" reminds us that it is essential to be true to ourselves and not be influenced by external temptations.

Questions to reflect together

- How can I help my children develop a sense of gratitude and appreciation for what they have in their lives?
- How can I teach my children the importance of being true to themselves and not looking for perfection elsewhere?
- What strategies can I use to help my children face fears and face reality with courage?
- How can I show my children the importance of accepting the differences between people and respecting our uniqueness?

Arlo's Journey

Year of production: 2015

"Arlo's Journey" is an exciting animated film produced by Pixar Animation Studios in 2015. The story imagines a world where the extinction of dinosaurs did not happen. The film follows the adventures of Arlo, a young kind-hearted Apatosaurus dinosaur, who gets lost far from home and finds himself on an epic adventure to return to his family. Along the way, Arlo befriends a young, prim boy named Spot, learning the importance of confidence, resilience, and courage.

the message

self-confidence, and overcoming fears. The film teaches that it is possible to find our inner courage and overcome challenges when we are guided by kindness and compassion. Also, "Arlo's Journey" reminds us of the importance of friendship relationships and mutual support.

What does this film want to teach us?

The film teaches us the importance of believing in ourselves and trusting our potential, even when we are challenged by adverse circumstances. Arlo, an insecure dinosaur, learns to overcome his fears and become stronger thanks to his friendship with Spot. Furthermore, "Arlo's Journey" reminds us that mutual aid and kindness are essential to face difficulties and achieve our goals.

Questions to reflect together

- How can I help my children develop self-discipline and self-confidence to face challenges?
- How can I teach my children the importance of being kind and compassionate to others, even when they are different from them?
- What ways can be taken to help my children overcome fears and embrace new experiences with courage?
- How can I show my children the importance of developing meaningful friendships and offering mutual support?

The Jungle Book

Year of production: 1967

"The Jungle Book" is a classic animated film produced by Walt Disney Productions in 1967. Inspired by the novel by Rudyard Kipling, the film tells the adventures of Mowgli, a young boy raised by a family of wolves in the Indian jungle. Mowgli lives a happy life in the jungle with animals around him, but when the fearsome tiger Shere Khan threatens to kill him, Mowgli is forced to leave the jungle and embark on a journey to discover his true identity.

the message

"The Jungle Book" conveys a timeless message about growth, self-acceptance and the value of true friendships. The film teaches that the journey to independence and maturity can be difficult, but that it is vital to follow your heart and face challenges in order to discover your purpose in life. Furthermore, "The Jungle Book" reminds us of the importance of family love and support, which can also come from friends and mentors.

What does this film want to teach us?

The film teaches us the importance of embracing our uniqueness and being proud of who we are. Mowgli, being a human raised by wolves, faces self-acceptance and must learn to live with his human nature in the jungle. Furthermore, "The Jungle Book" reminds us that sincere friendships and mutual support are essential in coping with life's changes and challenges.

Questions to reflect together

- How can I help my children discover and embrace their true identity, even when they may feel different from others?
- How can I teach my children the importance of being true to themselves and following their hearts, even when they face criticism or judgement?
- What ways can be done to help my children develop true friendships and offer support to their friends?
- How can I show my children the importance of having confidence in their abilities and facing challenges head on?

Wall-E

Year of production: 2008

"Wall-E" is an exceptional animated film produced by Pixar Animation Studios in 2008. The story is set in the distant future, where the Earth has become an inhospitable and polluted place and humanity has abandoned the planet. Wall-E, a lonely and loving robot, has stayed behind to clean up the Earth of waste. During his discovery, he meets another robot named EVE and falls in love with her. Together, the two robots embark on a space adventure that will change the fate of humanity and the Earth itself.

the message

"Wall-E" delivers a powerful message about the importance of caring for our planet and the value of love and humanity. The film teaches that pollution and the exploitation of resources can lead to disastrous consequences for our environment. Additionally, "Wall-E" reminds us that love and affection can inspire meaningful change and that human connection is critical to our survival.

What does this film want to teach us?

The film teaches us the importance of being aware of the impact of our actions on the environment and acting responsibly to protect our planet. Wall-E, with its dedication to cleaning the Earth, reminds us that we can make a difference even with small gestures. Additionally, "Wall-E" shows us the importance of connecting with others and embracing our humanity, which can be expressed through love and empathy.

Questions to reflect together

- How can I teach my children the importance of protecting the environment and adopting sustainable behaviors in their daily lives?
- How can I help my children develop a sense of responsibility towards the planet and future generations?
- What ways can be done to help my children develop empathy and love for others, including living beings and nature?
- How can I show my children the importance of having meaningful relationships with others and appreciating human connections?

Bambi

Year of production: 1942

"Bambi" is a classic animated film produced by Walt Disney Productions in 1942. The story follows the adventures of Bambi, a young fawn, in the forest, as he learns about the world around him. During his journey, Bambi befriends the rabbit Thumper and the owl Owl, and meets the love of his life, Faline. However, when a tragic event strikes the forest, Bambi is faced with the changes and responsibility of becoming the new prince of the forest.

the message

"Bambi" delivers a touching message about growth, loss and inner strength. The film teaches that life is a journey of joys and sorrows, and that we must face challenges with courage and resilience. Furthermore, "Bambi" reminds us of the importance of taking care of nature and the creatures that inhabit our environment.

What does this film want to teach us?

The film teaches us the importance of facing difficult moments and learning from life experiences. Bambi, after the loss of his mother, learns to grow up and become a leader for the forest. Furthermore, "Bambi" shows us the importance of protecting nature and appreciating the beauty of the natural world around us.

Questions to reflect together

- How can I help my children develop courage and resilience to face life's challenges?

- How can I teach my children the importance of taking care of nature and the animals that inhabit it?
- What strategies can I use to help my children understand the cyclical nature of life and deal with loss with compassion and sensitivity?
- How I can show my children the importance of embracing love and friendships in their lives and making meaningful connections with others

The little Mermaid

Year of production: 1989

"The Little Mermaid" is a classic animated film produced by Walt Disney Pictures in 1989. The story follows Ariel, a young mermaid, who dreams of living on dry land and falling in love with a human prince named Eric. Over the objections of her father, King Triton, Ariel makes a deal with the witch Ursula to become human, but must face the difficult task of making Eric fall in love with her within three days or else he will lose his voice and his place among the seas. forever.

the message

"The Little Mermaid" conveys an enchanting message about authenticity, the importance of following your heart and accepting the consequences of your choices. The film teaches that outer beauty is not everything and that true love is based on mutual understanding and genuine emotions. Furthermore, "The Little Mermaid" reminds us of the importance of having the courage to pursue our dreams, even when they seem unattainable.

What does this film want to teach us?

The film teaches us the importance of being true to yourself and not giving up your dreams to adapt to the expectations of others. Ariel demonstrates the courage to follow her heart and fight for what she wants, despite hardships and challenges. Furthermore, "The Little Mermaid" reminds us that our actions have consequences and that we must be prepared to take responsibility for them.

Questions to reflect together

- How can I help my children develop authenticity and follow their wishes, even when they may seem at odds with other people's expectations?
- How can I teach my children the importance of making educated decisions and being aware of the consequences of their actions?
- What ways can be done to encourage my children to be courageous and stand up for what they believe, despite the challenges?
- How can I show my children the importance of appreciating and accepting themselves for who they are, while embracing their uniqueness?

The Adventures of Peter Pan

Year of production: 1953

"The Adventures of Peter Pan" is an unforgettable animated film produced by Walt Disney Pictures in 1953. The story follows Peter Pan, a boy who doesn't want to grow up, and his adventure in the Never-Snow Land with the Wendy brothers, John and Michael Darling. Together with Tinkerbell, Peter Pan guides them in an extraordinary experience between battles with Captain Hook and his pirates and discoveries about the magic of childhood and imagination.

the message

"The Adventures of Peter Pan" conveys a magical message about the importance of childhood and imagination. The film teaches that keeping the inner child alive and believing in dreams is essential to maintaining a pure and joyful vision of life. Also, "Peter Pan" reminds us of the importance of appreciating the time we spend with the people we love.

What does this film want to teach us?

The film teaches us the importance of cultivating the imagination and preserving the joyful and adventurous spirit of our childhood. Peter Pan is a symbol of freedom and lightness that can be lost growing up, but it shows that it is possible to keep the joy and wonder alive in the heart. Also, "Peter Pan" reminds us of the importance of spending quality time with family and cherishing special moments with those we care about.

Questions to reflect together

- How can I encourage my children to keep their imaginations alive and find joy in the simplicity of things?
- How can I teach my children the importance of preserving the joyful and adventurous spirit of their childhood even as they grow up?
- What ways can be done to encourage my children to believe in dreams and pursue what they passionately desire?
- How can I show my children the importance of spending quality family time and creating special memories together?

Rio

Year of production: 2011

"Rio" is a colorful animated film produced by Blue Sky Studios in 2011. The story follows the adventures of Blu, a rare blue parrot from Spix, who lives a quiet life with his owner Linda, in a house in Minnesota. However, their life changes when they learn that Blu is the last male of his kind and must be taken to Brazil to mate with the only surviving female, Jewel. The film follows Blu and Jewel's journey through the charming beauties of Rio de Janeiro, with a mix of adventure, friendship and romance.

the message

"Rio" delivers a moving message about nature conservation and the importance of protecting endangered species. The film teaches that every living thing has its role in the balance of the ecosystem and that we should do our part to safeguard the biodiversity of our planet. Also, "Rio" reminds us that courage and determination can overcome difficulties and make our dreams come true.

What does this film want to teach us?

The film teaches us the importance of respecting and preserving nature and animals, and that we can make a difference in protecting the environment in which we live. Blu learns to overcome his insecurities and fears and to embrace his true parrot nature. Also, "Rio" reminds us of the importance of being open to adventure and discovering new friendships and cultures.

Questions to reflect together

- How can I teach my children to respect and protect nature and the animals around us?

- How can I help my children develop courage and determination to face the challenges they encounter in life?
- What strategies can I use to teach my children the importance of being open to adventure and discovering new experiences?
- How can I show my children the importance of preserving our planet's biodiversity and doing their part to protect the environment?

Mulan

Year of production: 1998

"Mulan" is an engaging animated film produced by Walt Disney Feature Animation in 1998. The story is inspired by a Chinese legend and is set during the Han Dynasty. Mulan, a brave and determined young girl, takes her father's place in the Chinese army by disguising herself as a man. Under the name of Ping, Mulan joins the imperial troops to defend China from the invading barbarians of Shan Yu . Throughout her adventure, Mulan proves her worth and courage, challenging traditions and proving that her true power lies in her inner strength.

the message

"Mulan" delivers a powerful message about gender equality and the importance of being true to yourself . The film teaches that women can be as strong, courageous and capable as men, and that social traditions and conventions should not prevent anyone from realizing their potential. Furthermore, "Mulan" reminds us that honor and duty are core values that go beyond gender.

What does this film want to teach us ?

The film teaches us the importance of being authentic and true to yourself , even when society's expectations are different. Mulan demonstrates that her true power lies in her inner strength and determination, rather than physical strength or masculine prowess. Furthermore, "Mulan" reminds us that courage and honor are universal values that can inspire and guide our actions.

Questions to reflect together

- How can I teach my children the importance of being true to themselves and following their values and principles, even when society's expectations are different?
- How can I help my children develop a sense of courage and determination to face life's challenges?
- What ways can be done to teach my children the importance of respecting and valuing gender equality?
- How can I show my children the importance of honoring and respecting core values, regardless of gender?

Daniel Tiger's Neighborhood (TV series)

Year of production: 2012 to present

"Daniel Tiger's Neighborhood " is an animated television series for children, produced by Fred Rogers Productions and 9 Story Media Group, which began in 2012 and is still ongoing. The series is a spiritual sequel to

the popular children's television series "Mister Rogers' Neighborhood ". The story is set in the " Neighborhood of Make-Believe", where Daniel Tiger and his friends live, and follows their adventures as they face daily challenges and learn important life lessons.

the message

"Daniel Tiger's Neighborhood " conveys an educational and reassuring message for little ones about the challenges and emotions they face growing up. The series teaches social and emotional skills, promoting self-regulation, empathy and friendship. Through stories and songs , Daniel Tiger helps young viewers understand emotions, develop coping strategies, and learn important moral values.

What does this series want to teach us?

The series teaches children important social and emotional skills, such as empathy, self-regulation of emotions, kindness, and the ability to deal with everyday challenges. The characters and situations in the series offer children positive role models and practical strategies for managing their emotions and developing important social skills.

Questions to reflect together

- How can I help my child understand and manage his emotions in a healthy and constructive way?
- How can I encourage my child to show empathy and kindness to others, like the characters in the show do?
- What strategies can I teach my child to face daily challenges and to develop a sense of autonomy?
- How can I use the themes and stories in the series as an opportunity to start meaningful conversations with my child about growth and development?

Paradise cinema

Year of production: 1988

"Cinema Paradiso" is a cinematic masterpiece directed by Giuseppe Tornatore, released in 1988. The story is set in a small Sicilian town and follows the life of Salvatore "Totò" Di Vita, a child fascinated by cinema. Totò forms a special bond with Alfredo, the projectionist of the cinema of the town, the "Cinema Paradiso". Alfredo becomes a mentor to Totò, teaching him the art of cinema and the magic of stories told on the big screen. Over the years, the story develops through the different phases of Totò's life, including his career in cinema and his return to his native country after many years.

the message

"Cinema Paradiso" conveys a touching message about the importance of cinema and art as a unifying force in our lives. The film teaches that cinema can be a powerful source of inspiration and escapism, as well as being an art form capable of creating strong emotional bonds. Furthermore, "Cinema Paradiso" reminds us of the importance of preserving our roots, our culture and our memories through art.

What does this film want to teach us?

The film teaches us the importance of being open to the inspiration and magic of stories told through cinema. Totò learns that cinema can be a source of comfort and deep emotions that help us connect with each other and with our past. Furthermore, "Cinema Paradiso" reminds us that our roots and our ties to the past can influence our present and our future, giving us a profound understanding of who we are.

Questions to reflect together

- How can I encourage my children to develop a love of art and stories told through cinema?

- How can I help my children understand the importance of our cultural roots and memories of the past?
- What ways can be taken to show my children how art and cinema can create emotional and cultural connections between people?
- How can I show my children the importance of preserving and enhancing our cultural and artistic heritage for future generations?

The boy in the striped pajamas

Year of production: 2008

"The Boy in the Striped Pajamas" is a drama film based on the novel of the same name by John Boyne, released in 2008. The story is set during World War II and follows the life of Bruno, an 8-year-old German boy, whose father becomes the commandant of a Nazi concentration camp. While exploring the surroundings of his new home, Bruno befriends Shmuel, a Jewish boy prisoner of the camp. Despite the barriers imposed by their differences, the two boys establish a deep friendship that will change their lives forever.

the message

"The Boy in the Striped Pajamas" conveys a powerful message about the innocence and humanity that can be found in even the darkest of situations. The film teaches that friendship and empathy can overcome the barriers of hatred and discrimination. Additionally, "The Boy in the Striped Pajamas" reminds us of the importance of teaching young people the value of compassion and understanding.

What does this film want to teach us?

The film teaches us the importance of seeing beyond cultural and social differences and developing a sense of empathy towards others. Bruno and Shmuel, despite their diversity and hostile situation, prove that friendship knows no boundaries. Additionally, "The Boy in the Striped Pajamas" reminds us of the importance of teaching young people about the history and consequences of hate and discrimination.

Questions to reflect together

- How can I teach my children the importance of embracing diversity and being open to friendship with people from different cultures?
- How can I help my children develop empathy and compassion for others, even in difficult situations?
- What ways can be done to teach my children about the history and consequences of hate and discrimination so they can avoid it happening again in the future?
- How can I show my children the importance of making a difference in the world, even through small acts of kindness and understanding?

Kramer versus Kramer

Year of production: 1979

"Kramer vs. Kramer" is a drama film directed by Robert Benton, released in 1979. The story follows the life of Ted Kramer, a successful man who suddenly finds himself having to take care of his son Billy alone after his wife Joanna decides to leave the family. Ted, initially inexperienced as a parent, must learn to care for Billy and balance his role as a father with the challenges of his career. Over the course of the film, Ted and Billy develop a deep bond, but the unexpected return of Joanna will test their relationship.

the message

"Kramer vs. Kramer" delivers a powerful message about parenting responsibility and the ability to grow and change for the sake of one's children. The film teaches that the relationship between a father and son can be deeply meaningful and transformative, and that love and dedication can overcome life's hardships. Additionally, "Kramer vs. Kramer" reminds us of the importance of putting our children's well-being first and of being committed to being present and emotionally engaged parents.

What does this film want to teach us?

The film teaches us the importance of being committed parents and making sacrifices for the sake of our children. Ted, despite the initial difficulties, learns to be a loving and present father to Billy, putting his well-being first. Additionally, "Kramer vs. Kramer" reminds us of the importance of listening to our children's wishes and adapting to change, even when it's difficult.

Questions to reflect together

- How can I be a more present and emotionally involved parent in my children's lives?
- How can I learn to make sacrifices and adapt to change for the sake of my children?
- What ways can be taken to improve communication with my children and listen to their wants and needs?
- How can I show my children that I am their priority and that I love them unconditionally?

Billy Elliott

Year of production: 2000

'Billy Elliot' is a drama film directed by Stephen Daldry, released in 2000. The story is set in a small mining town in Northern England during the miners' strikes of the 1980s. Billy, a young boy with a secret passion for ballet, discovers his calling when he begins taking ballet lessons in secret. Despite pressure from his father and the family's financial struggles, Billy continues to follow his passion for dance, trying to achieve his dreams against all odds.

the message

"Billy Elliot" delivers an inspiring message about the inner strength and determination it takes to follow your dreams. The film teaches that talent and passion can flourish even in hostile environments, and that we should have the courage to be ourselves, despite the expectations of others. Furthermore, "Billy Elliot" reminds us of the importance of art and dance as a means of self-expression and liberation.

What does this film want to teach us?

The film teaches us the importance of following our dreams and standing up for what we believe in, even when it goes against social conventions or the expectations of others. Billy proves that talent and passion can open up new avenues in life, even when it seems like the odds are stacked against us. Additionally, "Billy Elliot" reminds us of the importance of supporting and encouraging our children's talents, even when they may seem unusual or unconventional.

Questions to reflect together

- How can I support and encourage my children's talents and passions, even if they may seem unconventional or different from society's expectations?
- How can I help my children develop courage and determination to pursue their dreams, despite the difficulties they may face?
- What ways can be adopted to teach my children the importance of art and creativity as forms of individual expression and liberation?

- How can I show my children that I support them wholeheartedly and that I believe in their potential and talent?

Little Miss Sunshine

Year of production: 2006

"Little Miss Sunshine" is a comedy-drama directed by Jonathan Dayton and Valerie Faris, released in 2006. The story follows the adventures of the Hoover family, a dysfunctional but close-knit family, as they travel in a rickety yellow van to take their daughter Olive to the finale of the "Little Miss Sunshine" beauty pageant in California. During the journey, the family members face their own personal crises and learn to accept each other, strengthening their family bond.

the message

"Little Miss Sunshine" delivers a touching message about the beauty of imperfection and the strength of family. The film teaches that the true value of family lies in mutual support and unconditional love, despite individual flaws. Additionally, "Little Miss Sunshine" reminds us of the importance of embracing our authenticity and not being a slave to societal standards of beauty and success.

What does this film want to teach us ?

The film teaches us the importance of supporting and supporting our family members, even when they face difficult times or moments of crisis. The Hoover family demonstrates that unity and mutual support can help overcome difficulties and adversity. Additionally, "Little Miss Sunshine" reminds us of the importance of teaching our children the importance of authenticity and embracing what makes us unique.

Questions to reflect together

- How can I help my children develop a sense of family unity and mutual support?
- How can I teach my children the importance of accepting each other, with strengths and weaknesses, and not to judge others based on external standards?
- What ways can be done to teach my children the importance of being authentic and embracing what makes them unique?
- How can I show my children that family love is unconditional and that they can count on family support at all times?

The Savages family

Year of production: 2007

'The Savage Family' is a drama film directed by Tamara Jenkins, released in 2007. The story follows Wendy and Jon Savage, two grown up siblings with very different personalities, as they find themselves dealing with the plight of their aging parents. When the Savages' father develops dementia and their mother abandons him, Wendy and Jon must make difficult decisions about his care and his future. During this time of family challenges, the two brothers strengthen their bond and learn to deal with the past and family difficulties.

the message

"The Savage Family" delivers a touching message about the complexity of family relationships and the difficulty of making decisions about aging loved ones. The film teaches that love and commitment to family can be tested, but also renewed through moments of mutual understanding and compassion. Furthermore, "The Savage Family" reminds us of the importance of dealing with family problems honestly and dealing with the past in order to move forward.

What does this film want to teach us?

The film teaches us the importance of being there and supporting our elderly loved ones during difficult times, despite family differences and difficulties. Wendy and Jon learn that family can be a source of strength and that caring for one's parents requires love, patience and understanding. Additionally, "The Savage Family" reminds us of the importance of dealing with unresolved issues from the past in order to heal and rebuild family relationships.

Questions to reflect together

- How can I be an emotional and physical support for my aging parents during difficult times in their lives?
- How can I help my children understand the importance of being there and supporting each other as a family, even when there are differences and disagreements?
- What ways can be done to honestly and respectfully deal with family problems and difficulties that may arise between family members?
- How can I show my children the importance of caring for our elderly loved ones and facing the past in order to heal and strengthen the family bond?

My big fat greek wedding

Year of production: 2002

"My Big Fat Greek Wedding" is a romantic comedy film directed by Joel Zwick, released in 2002. The story follows Toula Portokalos, a thirty-year-old Greek-American woman who works in her family's restaurant. Toula feels the brunt of her Greek family's cultural expectations of marriage, but when she meets Ian Miller, a non-Greek man, she falls madly in love. Their relationship and their desire to get married will trigger a series of hilarious situations, leading to the discovery of the importance of following your heart.

the message

"My Big Fat Greek Wedding" conveys a humorous message about the power of love and the ability to overcome cultural and family barriers. The film teaches that love is universal and that we shouldn't let family traditions and expectations keep us from being happy with the person we love. Furthermore, "My Big Fat Greek Wedding" reminds us of the importance of embracing and celebrating our cultural heritage, without losing sight of ourselves as individuals.

What does this film want to teach us?

The film teaches us the importance of following our hearts and pursuing love, even when it goes against the expectations of our family or culture. Toula proves that authenticity and the courage to be yourself can lead to the realization of our dreams. Furthermore, "My Big Fat Greek Wedding" reminds us of the importance of embracing and valuing our cultural roots, striking a balance between tradition and modernity.

Questions to reflect together

- How can I teach my children the importance of following their hearts and pursuing love, even when it goes against family or cultural expectations?
- How can I help my children understand the importance of embracing and valuing our cultural heritage, balancing tradition and modernity?
- What ways can be done to teach my children to be authentic and courageous in pursuing their desires and dreams?

- How can I show my children the importance of love and mutual acceptance in the family, despite cultural differences or challenges that may arise?

The War of the Roses

Year of production: 1989

"The War of the Roses " is a black comedy directed by Danny DeVito , released in 1989. The story follows the tumultuous relationship between Oliver and Barbara Rose, a successful couple who initially seem to have an idyllic life. However, things start to go downhill when they start fighting over ownership of a precious house. Their legal disputes soon escalate into an all-out marriage war, leading to a series of tragicomic events that test their relationship and their sanity.

the message

"The War of the Roses " delivers a satirical message about the destructive nature of marital disputes and the importance of compromise and communication in relationships. The film teaches that greed and lack of compromise can destroy even the strongest relationships. Furthermore, "The War of the Roses " reminds us of the importance of communicating openly and honestly in relationships.

What does this film want to teach us?

The film teaches us the importance of communicating openly and listening to each other in relationships, preventing small conflicts from becoming destructive wars. Oliver and Barbara prove that a lack of compromise and a thirst for revenge can destroy a relationship. Additionally, "The War of the Roses " reminds us of the importance of appreciating and preserving love and emotional connection in our relationships.

Questions to reflect together

- How can I teach my children the importance of communicating openly and honestly in relationships to avoid destructive conflicts?
- How can I help my children develop compromise and mutual listening skills in their future relationships?
- What ways can be adopted to teach my children to manage conflicts constructively and to find compromise solutions?
- How can I show my children the importance of appreciating and preserving love and emotional connection in their relationships?

The Belier family

Year of production: 2014

"The Bélier family " is a moving French comedy-drama, directed by Eric Lartigau , released in 2014. The story revolves around the Bélier family , made up of Rodolphe , Gigi and their two children, Paula and Quentin. However, Paula is the only one in the family who is not deaf, and takes on the role of mediator between her family and the outside world. When Paula discovers her talent for singing in music lessons at school, she is faced with a dilemma: pursue her musical dream or stay with her family and help them with their daily tasks.

the message

Bélier family " conveys a moving message about family love and the difficult choices we face in life. The film teaches that empathy and understanding can be the keys to overcoming the challenges of being different

from others. Furthermore, "The Bélier family " reminds us of the importance of supporting our children's dreams and letting them express their individual potential.

What does this film want to teach us?

The film teaches us the importance of unconditional love of family and the ability to overcome difficulties through empathy and mutual support. Paula demonstrates that family affection can be an anchor of stability in a person's life and that our loved ones can be an engine for our success and fulfillment. Furthermore, "The Bélier family " reminds us of the importance of respecting our children's dreams and helping them to follow their passions.

Questions to reflect together

- How can I help my children develop a sense of empathy and understanding for others, especially as they meet people with different needs?
- How can I support my children's dreams and help them pursue their passions, even if they may be different from our expectations?
- What ways can be used to teach my children the importance of family love and mutual support?
- How can I show my children that they are loved unconditionally, regardless of their differences and unique talents?

Bright side

Year of production: 2012

"The Bright Side - Silver Linings Playbook " is an exciting comedy-drama directed by David O. Russell, released in 2012. The story follows the life of Pat Solitano , a man with bipolar disorder, who is released from a mental hospital after an eight-month stay. Determined to rebuild his life and win his wife back, Pat runs into Tiffany, an equally troubled young woman, who offers to help him achieve his goal in exchange for a favor. Over the course of the film, Pat and Tiffany develop a strange but touching friendship that will change their lives.

the message

"The Bright Side - Silver Linings Playbook " conveys a powerful message about resilience and the possibility of finding happiness even in the most difficult situations. The film teaches that people with mental health issues can have meaningful relationships and fulfill their potential. Also, "The Bright Side - Silver Linings Playbook " reminds us of the importance of embracing our authenticity and finding the beauty in life's imperfect moments.

What does this film want to teach us?

The film teaches us the importance of resilience and mutual support in our relationships. Pat and Tiffany prove that even in the most difficult situations, love and empathy can lead to personal growth and happiness. Also, "The Bright Side - Silver Linings Playbook " reminds us of the importance of overcoming prejudices and seeing people beyond their labels and mental health issues.

Questions to reflect together

- How can I teach my children the importance of being open and empathetic towards people with different experiences and challenges?
- How can I help my children develop a resilient mindset and overcome life's challenges with courage?
- What ways can be done to teach my children the importance of embracing their authenticity and finding the beauty in imperfect moments?
- How can I show my children that love and empathy can be an engine for personal growth and happiness?

The father

Year of production: 2020

"The Father" is a powerful drama directed by Florian Zeller, released in 2020. The story focuses on the life of Anthony, an elderly man suffering from dementia. The film takes us inside Anthony's mind, showing us the world through his confused and bewildered eyes. As his illness progresses, Anthony struggles to distinguish reality from his perceptions, making it difficult for him and his family to distinguish what is real from what is his own mind.

the message

"The Father" delivers a touching message about aging, dementia and the impact it has on the family. The film teaches that illness can distort the reality of a person and those around them, leading to confusion, disorientation and despair. Additionally, "The Father" reminds us of the importance of empathizing with those struggling with dementia and finding ways to provide them with support and love.

What does this film want to teach us?

The film teaches us the importance of empathy and patience in dealing with those suffering from dementia or other cognitive illnesses. Anthony makes us understand how difficult it is for him and his family to deal with this disease and how blurry and frightening reality can become for those affected. Furthermore, "The Father" reminds us to take opportunities to create moments of connection with our loved ones, despite the hardships and challenges they may face.

Questions to reflect together

- How can I develop greater empathy and understanding for my elderly loved ones, especially as they face cognitive illnesses?
- How can I support and help my loved ones cope with dementia or other cognitive illnesses in a loving and understanding way?
- What ways can be taken to create moments of connection and joy with our elderly loved ones, even if illness may make communication difficult?
- How can I show my children the importance of facing the aging process and life's challenges with love and understanding for the elderly?

That amazing worst year of my life

Year of production: 2013

'That Amazing Worst Year of My Life' is a romantic drama film directed by James Ponsoldt, released in 2013. The story centers on Sutter Keely, a wild, popular and somewhat carefree young man who lives in the day and loves to have fun. However, his outlook on life changes when he meets Aimee Fincky, a reserved and studious girl. The relationship with Aimee forces Sutter to come to terms with his past, his insecurities and his future choices, addressing the issue of authenticity and personal growth.

the message

self-discovery through relationships with others. The film teaches that emotional maturity can be achieved through moments of authenticity and self-reflection. Additionally, "That Amazing Worst Year of My Life" reminds us of the importance of facing our past to build a more meaningful future.

What does this film want to teach us?

The film teaches us the importance of embracing vulnerability and being authentic in our relationships with others. Sutter, through his relationship with Aimee, learns to confront his fears and insecurities, becoming more aware of himself and his potential. Additionally, "That Amazing Worst Year of My Life" reminds us that the path to personal growth can be difficult, but it can ultimately lead to greater self-understanding.

Questions to reflect together

- How can I help my children develop a sense of authenticity in their relationships with others and in their personal growth journey?
- How can I teach my children the importance of facing their fears and insecurities in order to grow as an individual?
- What ways can be done to encourage my children to explore their potential and develop greater self-awareness?
- How can I show my children that meaningful relationships can be a source of personal growth and enrichment?

The Fan family

Year of production: 2015

'The Family Fang' is a drama film based on the novel of the same name by Kevin Wilson, which was released in 2015. The story follows the Fang family, consisting of married couple Caleb and Camille and their adult children, Annie and Baxter. The parents are avant-garde artists, known for their provocative and sometimes disturbing performances. When the two grown-up children return home to deal with their own personal crises, they find themselves caught up in their parents' extravagant performances. The film explores the conflict between art and family, as well as the search for meaning and personal identity.

the message

"The Fang Family" conveys a complex message about creativity and the effect art can have on our lives and relationships. The film teaches that creativity can be a source of liberation and self-expression, but it can also create tension and conflict within a family. Furthermore, "The Fang Family" reminds us of the importance of striking a balance between our desire to express ourselves and respect for family relationships.

What does this film want to teach us?

The film teaches us the importance of dealing with the conflict between our individual identity and our family bond. Annie and Baxter must come to terms with their family heritage and the influence of their parents' art on their lives. Furthermore, "The Fang Family" reminds us of the importance of finding a balance between pursuing our artistic dreams and nurturing family relationships.

Questions to reflect together

- How can I help my children explore their creativity and express themselves through art while maintaining respect for family ties?
- How can I help my children reflect on the importance of family relationships and how our individual identity can affect our family?
- What ways can be taken to address the conflict between our individuality and our role within the family?
- How can I show my children the importance of finding a balance between pursuing their personal dreams and maintaining a strong bond with family?

Just look at the sky

Year of production: 2008

'Just Look at the Sky' is a Canadian drama film, directed by Michael McGowan, released in 2008. The story follows the life of Ben Tyler, a young middle school teacher who receives terrible news: he has been diagnosed with terminal cancer. Determined to take charge of his life, Ben makes an extraordinary decision: he jumps on his motorcycle and sets off on a solo journey across Canada, from the city of Toronto to Tofino Island in British Columbia. Along the way, Ben faces his thoughts, his emotions and discovers the beauty of life and nature.

the message

"Just Look at the Sky" conveys a profound message about discovering the meaning of life and the importance of seizing the present moment. The film teaches that life is an unpredictable and precious journey, and that we must embrace the present moment and our power to choose how we live. Also, "Just Look at the Sky" reminds us of the importance of facing our fears and life's challenges with courage and determination.

What does this film want to teach us?

The film teaches us the importance of living in the present and embracing the journey of life with all its uncertainties. Ben, as he faces his illness, reminds us that every day is a gift and that we can make meaningful choices that enrich our experience. Additionally, "Just Look at the Sky" reminds us of the importance of facing our fears and finding strength in the journey itself.

Questions to reflect together

- How can I teach my children the importance of seizing the present moment and appreciating the beauty of life even in difficult situations?
- How can I help my children find the inner strength to face life's challenges with courage and determination?
- What ways can be used to teach my children to explore the world and to discover the meaning of life through their experiences?
- How can I show my children the importance of living authentically and making meaningful choices that enrich their lives?

Coach Carter

Year of production: 2005

"Coach Carter" is a drama film directed by Thomas Carter, released in 2005. The story is inspired by the true story of Ken Carter, a high school basketball coach who, after taking the job, imposes strict rules and expectations of academic performance and behavior to its players. Despite resistance and opposition, Coach Carter is committed to teaching the boys the values of discipline, respect and responsibility. His dedication will lead to significant changes in the lives of young athletes and the communities in which they live.

the message

"Coach Carter" delivers a powerful message about the importance of education, discipline and pursuing success through hard work and respect for yourself and others. The film teaches that sport can be an opportunity to teach important life values, and that a good leader is concerned not only with athletic performance, but

also with the personal growth of his players. Additionally, "Coach Carter" reminds us of the importance of overcoming stereotypes and limiting expectations to reach our true potential.

What does this film want to teach us?

The film teaches us the importance of being positive role models and positively influencing the lives of young people. Coach Carter demonstrates how dedication, steadfastness and compassion can help change the lives of the kids he coaches. Furthermore, "Coach Carter" reminds us of the importance of creating a supportive and responsible environment, where young people can develop their potential both in sport and in everyday life.

Questions to reflect together

- How can I encourage my children to strive for excellence and to achieve success through hard work and dedication?
- How can I teach my children the importance of respecting themselves and others, both on and off the playing field?
- What ways can be taken to create an environment of support and accountability that helps young people develop their potential in all spheres of life?
- How can I show my kids that they can overcome stereotypes and limiting expectations, and that they can achieve great things if they believe in themselves and work hard?

I'm not afraid

Year of production: 2003

"I'm not scared" is an Italian drama directed by Gabriele Salvatores, released in 2003. The story is set in a small town in Southern Italy and follows the adventures of Michele, a ten-year-old boy. One day, Michele accidentally discovers a boy held captive in a hole in the ground. Despite the fear, Michele decides to help the boy and to seek the truth about what is happening in his country. Throughout the film, Michele faces difficult situations and confronts the dark side of adult life.

the message

"I'm not afraid" conveys an intense message about the discovery of the truth, the strength of friendship and the loss of innocence. The film teaches that adult corruption and cruelty can affect children's lives, but that courage and loyalty can help overcome the darkness. Furthermore, "I'm Not Scared" reminds us of the importance of protecting the innocence of children and seeking justice for those who are vulnerable.

What does this film want to teach us?

The film teaches us the importance of standing up for what is right and being true to our values, even when we face difficult and dangerous situations. Michele, despite his young age, shows great fortitude and courage in seeking the truth and helping the boy held captive. Also, "I'm Not Afraid" reminds us of the importance of protecting the innocence of children and protecting them from the evil deeds of adults.

Questions to reflect together

- How can I teach my children the importance of being brave and standing up for what's right, even when it may seem scary?
- How can I help my children understand the difference between right and wrong, and develop a sense of justice and empathy for others?
- What ways can be taken to protect my children's innocence and to deal with the challenges and bad influences they may encounter in their lives?

- How can I show my children the importance of being true to our values and seeking justice for those who are vulnerable and in need of help?

The War of the Red Flowers

Year of production: 2021

"The War of the Red Flowers" is a drama film based on the novel of the same name by Zhang Xiaoxian, released in 2021. The story is set in 1990s China and follows the journey of two young girls, Xiao Peng and Xia Luo, who meet at a girls boarding school. The girls share a deep friendship and support each other through the challenges of growing up and adolescence. The film deals with important themes such as friendship, love, sacrifice and the pursuit of happiness.

the message

"War of the Red Flowers" conveys a touching message about the importance of friendship and unconditional love between people. The film teaches that friendship can be a source of strength and comfort, and that meaningful relationships can sustain and enrich our lives. Furthermore, "War of the Red Flowers" reminds us of the importance of being true to our feelings and following our heart, even when life presents us with difficult choices.

What does this film want to teach us?

The film teaches us the importance of nurturing meaningful relationships and being there for our friends in times of need. Xiao Peng and Xia Luo show how friendship can be a force that helps us overcome life's challenges and grow as individuals. Furthermore, "The War of the Red Flowers" reminds us of the importance of following our feelings and being authentic in our choices, even if this may involve sacrifices.

Questions to reflect together

- How can I teach my kids the importance of cultivating sincere relationships and being there for their friends through tough times?
- How can I help my children develop empathy and understanding for others, and be sensitive to the needs of their friends?
- What ways can be done to encourage my children to follow their hearts and make decisions based on their true feelings?
- How can I show my children the importance of being true to their values and being supportive of their friends when they need help?

A daydream

Year of production: 2006

"A Daydream" is a drama film based on the true story of Chris Gardner, directed by Gabriele Muccino, released in 2006. The story follows the life of Chris Gardner, a talented and ambitious man who finds himself struggling with extreme economic difficulties. After being abandoned by his wife, Chris finds himself raising

his young son, Christopher, alone. Struggling to survive, Chris tries to fulfill his dream of becoming a successful broker, facing numerous challenges and adversities along the way.

the message

"A Daydream" conveys a powerful message about the importance of determination, perseverance and self-confidence. The film teaches that, despite the difficulties and failures, it is possible to achieve one's dreams through hard work and dedication. Additionally, "A Daydream" reminds us of the importance of being positive role models for our children and teaching them the value of courage and commitment.

What does this film want to teach us ?

The film teaches us the importance of persevering and not giving up in the face of adversity. Chris Gardner, despite financial and personal hardships, demonstrates extraordinary fortitude in pursuing his dream and caring for his son. Furthermore, "A daydream" reminds us of the importance of being positive role models for our children and of instilling in them the importance of determination and courage.

Questions to reflect together

- How can I teach my children the importance of perseverance and not giving up in the face of difficulties?
- How can I help my children develop self-confidence and believe in their abilities, even when they face obstacles?
- What ways can be adopted to be positive role models for my children and to teach them the value of effort and dedication?
- How can I show my kids that dreams can be achieved through hard work and determination, and that they should never stop believing in themselves ?

Wonder

Year of production: 2017

"Wonder" is a drama film based on RJ Palacio's novel of the same name, directed by Stephen Chbosky, released in 2017. The story follows the life of Auggie Pullman, a child with Treacher Collins syndrome, a rare craniofacial malformation. Auggie grew up protected by his family but is now ready to tackle elementary school. During his first year of school, Auggie will have to face the difficulties and prejudices of his classmates, but will also learn the value of empathy and acceptance.

the message

"Wonder" delivers a touching message about the importance of acceptance, empathy and being kind to one another. The film teaches that physical appearance should not define who we are and that we must look beyond appearances to see the beauty of the soul. Additionally, "Wonder" reminds us of the importance of being kind and compassionate, especially when dealing with people who are different from us.

What does this film want to teach us?

The film teaches us the importance of accepting each other's differences and being kind and compassionate to everyone, regardless of physical appearance. Auggie, despite the difficulties, faces his school experience with courage and demonstrates that empathy and kindness can change people's hearts. Additionally, "Wonder" reminds us of the importance of teaching our children the value of acceptance and empathy for others.

Questions to reflect together

- How can I teach my children the importance of accepting and being kind to people who are different from them?

- How can I help my children develop empathy and understand the challenges others may face because of their differences?
- What ways can be done to foster an environment of acceptance and kindness in my children's family and community?
- How can I show my children that the beauty of the soul is what really matters, and that we must look beyond appearances to see the true worth of people?

Tully

Year of production: 2018

'Tully' is a drama film directed by Jason Reitman, released in 2018. The story follows the life of Marlo , a mother exhausted and overwhelmed by daily duties with her three children, including an infant. Struggling, Marlo enlists the help of a charming young nanny named Tully. Thanks to Tully's influence, Marlo begins to rediscover herself, to reevaluate her identity and to find a new balance in her life as a mother.

the message

"Tully" delivers a profound message about the importance of self-care, support, and family burden sharing. The film teaches that mothers need time for themselves and that seeking help and support is not a sign of weakness, but of strength. Additionally, "Tully" reminds us of the importance of taking care of your mental health and balancing the challenges of motherhood with your well-being.

What does this film want to teach us?

The film teaches us the importance of asking for help and taking care of ourselves, especially when we are faced with stressful situations such as motherhood. Marlo learns to recognize the value of self-care and to understand that she can't face it all alone. Furthermore, "Tully" reminds us of the importance of being supportive and sharing family burdens, as collaboration and mutual support can help overcome difficulties.

Questions to reflect together

- How can I teach my children the importance of taking care of themselves and asking for help when they need it?
- How can I find a balance between parental duties and my personal well-being?
- What ways can be taken to share family burdens with a partner or other family members in order to reduce stress and fatigue?
- How can I show my children that asking for help and seeking support is not a sign of weakness, but of wisdom and strength?

Babies

Year of production: 2010

"Babies" is a French documentary, directed by Thomas Balmès , released in 2010. The film follows the early life stages of four children from different parts of the world: Bayarjargal , from Mongolia; Mari, from Japan; Hattie, from the United States; and Ponijao , from Namibia. The documentary shows their growing up experiences, different cultural traditions and the love and attention they receive from their families.

the message

"Babies" conveys a universal message about the essence of childhood and the ability to grow and learn in different ways, depending on the cultures and environments in which we live. The film teaches that the love and attention of families are essential for the healthy and happy development of children. Additionally, "Babies" reminds us of the importance of appreciating life's simple joys and embracing the wonder of childhood.

What does this film want to teach us?

The film teaches us the importance of loving, supporting and giving quality time to our children. "Babies" demonstrates how families, even with different cultural backgrounds, have in common the love and attention they devote to their children. Furthermore, the documentary reminds us of the importance of appreciating the little joys of everyday life and embracing the wonder of childhood in all its nuances.

Questions to reflect together

- How can I make sure I am giving my children quality time and showing them constant love and attention?
- How can I help my children discover the beauty and wonder of life through simple, everyday experiences?
- What ways can be adopted to appreciate and preserve cultural and family traditions, thereby enriching my children's upbringing?
- How can I show my children the importance of respecting and understanding cultural diversity by learning from the way other children grow up in different parts of the world?

Mary Poppins"

Year of production: 1964

"Mary Poppins" is a musical and fantastic film directed by Robert Stevenson, released in 1964. The story is set in 1910 London and follows the adventures of Mary Poppins, a mysterious and magical nanny, who comes into the life of the Banks family. With her unique way of teaching and approaching children, Mary Poppins helps children Jane and Michael see the world with new eyes, learning important life lessons along the way.

the message

"Mary Poppins" delivers an enchanting message about the importance of embracing imagination, joy and hope in everyday life. The film teaches that magic can be found even in the little things and that love and attention can be powerful tools in meeting life's challenges. Also, "Mary Poppins" reminds us of the importance of keeping childhood alive and never losing the sense of wonder.

What does this film want to teach us?

The film teaches us the importance of cultivating the imagination and keeping the heart young, even as we grow up. Mary Poppins, with her magic and her special way of teaching, demonstrates how joy and hope can be present even in the most difficult situations. Furthermore, "Mary Poppins" reminds us of the importance of being attentive to the needs of our children and of facing life with a smile, bringing a little magic into our daily lives.

Questions to reflect together

- How can I encourage my children to cultivate their imaginations and see the world with eyes full of wonder?
- How can I teach my children to find joy and hope even in difficult situations through love and attention?
- What ways can be done to keep my children's childhood alive, even as they grow up and face new challenges?

- How can I show my children the importance of being kind, loving, and bringing a little magic into other people's lives?

And now let's talk about Kevin

Year of production: 2011

"Let's Talk About Kevin" is a drama film based on the novel of the same name by Lionel Shriver, directed by Lynne Ramsay, released in 2011. The story is told from the point of view of Eva, Kevin's mother. The film explores the difficult relationship between Eva and her son Kevin, a troubled and seemingly evil boy whose behavior becomes increasingly disturbing and violent over the years. The narrative winds between the past and the present, showing the consequences of a tragic event involving Kevin.

the message

"Let's Talk About Kevin" delivers a powerful message about the importance of the mother-child bond and the complexity of parenting. The film teaches that communication and love can be essential to understanding and helping a troubled child, but that sometimes some events can be beyond our control. Additionally, "Let's Talk About Kevin" reminds us of the importance of facing the reality of our family relationships, even when it's painful.

What does this film want to teach us?

The film teaches us the importance of open communication and unconditional love between parents and children. Eva and Kevin show how a lack of connection and mutual understanding can lead to tragic consequences. Additionally, "Let's Talk About Kevin" reminds us of the importance of facing the difficulties of our family relationships and trying to understand our children's needs, even when they may seem complicated and elusive.

Questions to reflect together

- How can I communicate openly with my children and create an environment of trust and understanding in our family?
- How can I help my children express their emotions and manage their behavior in a healthy and constructive way?
- What ways can be adopted to deal with problems and difficulties in family relationships, and to find loving and understanding solutions?
- How can I show my children the importance of facing the reality of our relationships, even when it may be difficult or painful?

Juno

Year of production: 2007

'Juno' is a comedy-drama film directed by Jason Reitman, released in 2007. The story follows the life of Juno MacGuff, a bright and witty sixteen-year-old teenager who becomes pregnant after a fling with her friend Paulie Bleeker. Determined to do good for the baby, Juno makes the difficult decision to give him up for

adoption. Along the way, Juno faces the challenges of adolescence, motherhood and love, learning important lessons about life and responsibilities.

the message

"Juno" delivers a moving message about adolescence, difficult choices and unconditional love. The film teaches that the choices we make can be complicated and that facing the consequences of these choices requires courage and maturity. Furthermore, "Juno" reminds us of the importance of having the support of friends and family when we face difficult times.

What does this film want to teach us?

The film teaches us the importance of taking responsibility for our actions and making informed choices, even when these may seem difficult. Juno shows courage and maturity in dealing with her pregnancy and adopting a realistic perspective on motherhood. Furthermore, "Juno" reminds us of the importance of social and family support when we face difficult times in our lives.

Questions to reflect together

- How can I help my children develop maturity and responsibility in their choices, even when these can be complicated?
- How can I be a loving and compassionate support for my children as they go through difficult times or have to make important choices in their lives?
- What ways can be done to foster open communication with my children and to help them express their emotions and concerns?
- How can I show my children the importance of being authentic and making decisions based on their values and feelings, even when this may require courage and determination?

This Is Us

Year of production: 2016-present

"This Is Us" is a drama television series created by Dan Fogelman, which began in 2016 and is still ongoing. The story follows the story of a family, the Pearsons, through several generations. The series interweaves several timelines, showing the past and present of the characters, exploring their family bonds, personal challenges and the complex dynamics between siblings, parents and children.

the message

"This Is Us" conveys a profound message about love, family and the importance of interpersonal relationships. The series teaches that each family member has their own story and path, but that they are linked by a unique and indissoluble bond. Addressing themes like love, loss, acceptance and forgiveness, the series reminds us that family connections can be an anchor of stability and support in times of trouble.

What does this series want to teach us?

The series teaches us the importance of being present in the lives of our loved ones and supporting them in times of joy and difficulty. "This Is Us" shows us how our actions and choices can have a significant impact on the lives of the people we love. Additionally, the series reminds us of the importance of communicating openly with our family members and embracing the diversity of individual experiences within within a family.

Questions to reflect together

- How can I improve communication and bonding with my children and other family members?

- How can I show my children that family love can be a safe haven, where they can feel accepted and loved unconditionally?
- What ways can be done to help my children understand and accept the differences and challenges each of them may face?
- How can I show my children that life's sad and difficult moments can be faced together, finding comfort and support in each other?

Casper and Emma

Year of production: 2013-2017

"Casper and Emma" is a Norwegian children's television series, based on the characters created by Tor Åge Bringsværd and Anne G. Holt, which aired from 2013 to 2017. The series follows the adventures of two best friends, five-year-old Casper and Emma, and their families. The two friends explore the world together, tackling the little challenges and joys of everyday life.

the message

"Casper and Emma" conveys a tender message about friendship, curiosity and exploring the world through the eyes of children. The series teaches that friendship and sharing experiences can be sources of joy and discovery. Furthermore, "Casper and Emma" reminds us of the importance of learning and growing together, facing life's challenges with the support of our loved ones and friends.

What does this series want to teach us?

The series teaches us the importance of cultivating genuine friendships and sharing experiences with our peers. Casper and Emma demonstrate how friendship can enrich life and make it more meaningful. Additionally, the series reminds us of the importance of encouraging curiosity and exploration of the world in children, helping them discover new things and develop their sense of wonder.

Questions to reflect together

- How can I encourage my child to develop positive and meaningful friendships with their peers?
- How can I help my child cultivate curiosity and enthusiasm to explore the world and discover new things?
- What ways can be done to teach my children the importance of sharing and helping each other, like Casper and Emma do on the show?
- How can I show my children that friendship and mutual support can be sources of joy and discovery in their growth and development?



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